

# Equipment List 2014



**Waterproof** top and bottoms to protect against wind chill

**Fleece jackets** are ideal have 2 in case one gets wet

**Footwear** that does not matter getting wet. Old trainers or water shoes. Wellington boots can be difficult to swim in if they do not have tie tops. Walking boots are too clumsy and offer little grip in boats. Flip flops do not stay on.

**Towels**

**Hats** and gloves

**Sun hat** and sun tan lotion are needed in hot weather

**Wetsuit** if you have one, but you still need a waterproof to protect against wind chill. We will only issue wetsuits on activities where they are appropriate they are not suitable for all activities. Wetsuit hire is £5.

**Weather** in the Lake District changes very quickly and is often different to the rest of the country so do not pack according to the weather at home but for all climates.

2 changes of clothing at least per day, one per activity i.e. 8 changes for 4 days. Drying facilities are not very good at most centres. Clothing should be light and should not hold water but keep you warm.

Tee shirt and shorts are only applicable in very hot dry windless weather; cotton fabrics hold a lot of water, so always have an alternative with you.

Day visitors will need a pack lunch.

We do have spare waterproofs and fleeces but only enough for those who have forgotten theirs.

**Platty+ Ltd**  
**Smithy Green, Thornthwaite, Keswick, Cumbria, CA12 5SL**

**017687 76572**

jplatt@plattyplus.co.uk